

**ZONE 7 REPORT - FALL 2013**

**Submitted by: Gregg Brace - DeWitt High School**

CAAC Division Champions

Blue Division: Okemos - Patrick Saucedo, St. Johns - Kim Brewbaker  
Red Division: Mason - Connie Cantrell

MHSAA Championships

Division II

Okemos 13th

200 Medley Relay 1:50.74 11th

1) Kao, Grace 12, 2) Chow, Alexandria 11, 3) Garbaccio, Freyja 9, 4) Dudley, Katie 12

200 IM Dudley, Katie 12 2:06.43 2nd

100 Butterfly Garbaccio, Freyja 9 58.95 10th

100 Butterfly Wozena, Emily 12 1:00.80 16th

100 Free Katie Dudley (12) 52.23 4th

100 Backstroke Kao, Grace 12 59.15 10th

100 Backstroke Garbaccio, Freyja 9 59.74 11th

400 Free Relay 3:38.62 12th

1) Garbaccio, Freyja 9, 2) Dudley, Katie 12, 3) Williams, Sarah 9, 4) Seeterlin, Carly 11  
St. Johns 30th

100 Freestyle Ely, Rachel 9 54.52 13th

Division III

Alma 12th

200 Medley Relay 1:54.50 10th

1) Lowe, Laura 12, 2) Adams, Alissa 09, 3) Vandemark, Evelyn 09, 4) Kovac, Kaleigh 12

200 Free Kovac, Kaleigh 12 2:00.56 13th

100 Butterfly Vandemark, Evelyn 9 1:00.39 5th

500 Free Vandemark, Evelyn 9 5:16.73 9th

200 Free Relay 1:42.95 10th

1) Walsh, Natalie 12, 2) Tlegenova, Kamila 12, 3) Lowe, Laura 12, 4) Kovac, Kaleigh 12

100 Backstroke Lowe, Laura 12 1:01.93 11th

400 Free Relay 3:45.96 12th

1) Walsh, Natalie 12, 2) Vandemark, Evelyn 09, 3) Lowe, Laura 12, 4) Kovac, Kaleigh 12

DeWitt 17th

200 Medley Relay 1:56.75 16th

1) Yockey, Rosalie 12, 2) Dingeldey, Maddie 10, 3) Kimble, Audra 12, 4) Hieftje, Emily 11

200 Free Yockey, Rosalie 12 1:56.02 4th

500 Free Yockey, Rosalie 12 5:07.75 3rd

Haslett 21st

200 IM Lehman, Kate 11 2:17.78 12th

200 IM Beckett, Claire 12 2:19.02 14th

100 Butterfly Lehman, Kate 11 1:02.42 12th

100 Breast Beckett, Claire 12 1:09.79 6th

Mason 29th

200 Free Relay 1:43.67 12th

1) Namvansy, Kiana 09, 2) Krupp, Kaileigh 12, 3) Rogers, Rebecca 11, 4) Johnson, Rachel 11



## **M.I.S.C.A Zone 7 All - Zone Team 2013**

### **Swimmer of the Year: Katie Dudley (Okemos)**

#### **All-Area Swim Team**

Katie Dudley (Okemos)  
Rosalie Yockey (DeWitt)  
Freyja Garbaccio (Okemos)  
Grace Kao (Okemos)  
Rachel Ely (St. Johns)  
Megan Shaughnessy (Jackson)  
Evelyn Vandemark (Alma)  
Alexandra Davis (St. Johns)  
Rachael Charlow (Grand Ledge)  
Emily Wozena (Okemos)  
Alexandria Chow (Okemos)  
Claire Beckett (Haslett)  
Kaleigh Kovac (Alma)

### **Diver of the Year: Abby Johnstone (Mason)**

#### **All Area Dive Team**

Abby Johnstone (Mason)  
Sam Zdunic (Corunna)  
Marygrace Fries (Jackson)

### **Coach of the Year: Gregg Brace (DeWitt)**

### **Diving Coach of the Year: Andy Rieman (Jackson)**

## **Second Team**

Abigail Cleary (Holt), Kari Bellant (St. Johns), Kyndall Lovette (Holt), Taylor Stensen (Grand Ledge), Katherine Lehman (Haslett), Sarah Williams (Okemos), Meg Pope (St. Johns), Laura Lowe (Alma), Carly Seeterlin (Okemos), Kiana Namvansy (Mason), Allie Heineman (Williamston-LC), Rachel Kehren (Grand Ledge), Rebecca Rogers (Mason), Catherine Voisin (St. Johns), Kaileigh Krupp (Mason), Hannah Billig (Mason), Abigail Mealy (Holt), Sarah Stine (DeWitt), Amelia Kach (Haslett) Coach: Connie Cantrell (Mason), Diving Coach Taylor Vandecar (Mason)

## **Honorable Mention**

Sydney Bishop (Jackson), Maddie Dingeldey (DeWitt), Mariana Jimenez (East Lansing), Alexis Lefevre (Holt), Audra Kimble (DeWitt), Natalie Walsh (Alma), Taryn Schrems (East Lansing), Catherine Schertzing (East Lansing), Emma Schaefer (St. Johns), Callie Labar (St. Johns), Samantha Lu (Okemos), Kayla Bellant (St. Johns), Anna Vostrizansky (DeWitt), Emily Gustafson (DeWitt), Emily Hieftje (DeWitt), Kelsie Hasse (Williamston-LC), Madelyn Irelan (Owosso), Emily Bullinger (Jackson), Elisabeth Mueller-Hayes (Grand Ledge), Gabrielle Roy (DeWitt), Brooke Hedglen (Mason), Kelsey Marsh (Holt), Sarah Hileman (St. Johns), Grace Jansen (Waverly-LC), Natalie Crandell (Williamston-LC), Christine Rock (Eaton Rapids-Char), Clare Kiley (Okemos), Coach: Patrick Saucedo (Okemos) Diving coach: Mike Wagner (Okemos)