

**ZONE 7 REPORT - Winter 2012**  
**Gregg Brace - DeWitt**

CAAC Division Champions

Blue Division: Holt - Marty Pohl  
Red Division: Mason - Connie Cantrell

MHSAA Championships

Division I

Holt 37th  
100 Backstroke - Daniel Kalchik (12) 54.93 13th  
Lansing 22th  
100 Butterfly - Blake Howe (12) 51.04 4th  
100 Backstroke - Blake Howe (12) 50.83 1st

Division II

Grand Ledge 24th  
100 Butterfly - Xinghao Wang (10) 53.39 12th  
100 Breaststroke - Xinghao Wang (10) 1:01.74 8th  
Okemos 6th  
200 Medley Relay 1:37.00 5th  
1) Marsh, Adam 2) Lee, Jerry 3) Poland, Ian 4) Kuhlman, Wyatt  
50 Free - Wyatt Kuhlman (12) 21.60 4th  
100 Butterfly - Adam Marsh (11) 51.92 3rd  
100 Butterfly - Ian Poland (10) 53.35 11th  
100 Freestyle- Wyatt Kuhlman (12) 48.07 12th  
100 Backstroke - Adam Marsh (11) 50.83 1st  
100 Breaststroke - Jerry Lee (11) 103.02 15th  
400 Free Relay 3:14.89 7th  
1) Marsh, Adam 2) Poland, Ian 3) Lee, Jerry 4) Kuhlman, Wyatt

St. Johns 15th  
50 Free - Ben Grider (11) 21.87 10th  
Diving - Brennan LaBar (11) 443.55 2nd  
Diving - Jared Gregory (10) 322.40 10th  
100 Free - Ben Grider (11) 47.62 9th

Waverly/LC 16th  
200 Free - Benjamin Rentz (10) 1:46.53 13th  
100 Butterfly - Tommy Quinn (11) 54.15 15th  
500 Free - Benjamin Rentz (10) 4:49.78 11th  
200 Free Relay 1:31.39 11th  
1) Quinn, Tommy 2) Rubino, Kevin 3) Garmyn, Brad 4) Rentz, Ben  
400 Free Relay 3:23.18 16th  
1) Quinn, Tommy 2) Rubino, Kevin 3) Garmyn, Brad 4) Rentz, Ben

Division III

Alma 19th  
100 Butterfly - Broderic Bender (11) 53.17 8th  
500 Free - Broderic Bender (11) 4:47.77 4th

Haslett 24th  
Diving - Henk Plaggemars (12) 382.05 3rd

Ionia 22nd  
200 Free - Skyler Fish (10) 1:47.82 10th  
50 Free - Jordan Welton (12) 22.78 16th  
100 Free - Jordan Welton (12) 50.02 15th  
500 Free - Skyler Fish (10) 4:54.95 01th  
400 Free Relay 3:23.35 13th  
1) Wood, Patrick 2) Pelon, Peter 3) Fish, Skyler 4) Welton, Jordan

Mason 14th  
200 Medley Relay 1:44.07 13th  
1) Russell, Gunnar 2) Zaremba, Collin 3) Hearit, DJ 4) Shuler, Corbin  
200 IM - Corbin Shuler (10) 2:06.50 16th  
50 Free - DJ Hearit (12) 22.60 12th  
100 Butterfly - DJ Hearit (12) 54.79 12th  
500 Free - David Shuler (12) 4:55.86 9th  
200 Free Relay 1:31.76 6th  
1) Zaremba, Collin 2) Hyatt, Patrick 3) Shuler, Corbin 4) Hearit, DJ

Ovid-Elsie 36th  
Diving - Kaitlyn Stevens (11) 317.10 16th



## **M.I.S.C.A Zone 7 All - Zone Team 2012**

**Swimmer of the Year: Blake Howe - Lansing**

**Diver of the Year: Brennan Labar - St Johns**

Broderic Bender - Alma  
Colin Cogan - Jackson  
Eric Dawdy - Holt  
Skyler Fish - Ionia  
Ben Grider – St. Johns  
Blake Howe - Lansing  
Daniel Kalchik - Holt  
Wyatt Kuhlman - Okemos  
Adam Marsh - Okemos  
Ian Poland - Okemos  
Tommy Quinn – Waverly/LC  
Benjamin Rentz - Waverly/LC  
Xinghao Wang – Grand Ledge  
Derick Hearit - Mason  
Jerry Lee - Okemos

### **Divers**

Jared Gregory - St. Johns  
Brennan Labar - St. Johns  
Henk Plaggemars - Haslett

**Coach of the Year: Marty Pohl - Holt**

**Diving Coach: Ben Nimphie - DeWitt/Lansing/Grand Ledge/Ovid-Elsie**

### **Second Team**

Zack Aungst - Grand Ledge, Jake Brooks - Owosso, Gregory DeWitt - Grand Ledge, Erik Fiasky - Holt, Marshall Gallt – Ovid-Elsie, Bradley Garmyn - Waverly/LC, Brandon Hill - DeWitt, Mike Ramer - Holt, Corbin Shuler - Mason, Kurtis Smith - Holt, Jordan Welton - Ionia, Collin Zaremba - Mason, Mitchell Fountain - Okemos, Evan Ilieff - Grand Ledge, Stephen Larson - Jackson, John Parmer - Williamston, Conner Bennett – Ionia, Kyle Jonas - DeWitt, Kaitlyn Stevens – Ovid-Elsie, Swimming Coach: Patrick Saucedo - Okemos, Diving Coach: Bruce Foster – Haslett

### **Honorable Mention**

*Tom Banninga - St. Johns, Reid Battjes - Williamston, Zachary Burke - Holt, Cale Coduti - DeWitt, Sean Costello - Williamston, Austin Cottrell - Haslett, Nick Quinn - Mason, Jacob Fillingham - Grand Ledge, Drew Krupka - Haslett, Ryan Laczynski - Haslett, Nicolas Madan - Okemos, Ben Majeske - Holt, Tyler Martin - Grand Ledge, Sean Mills - Eaton Rapids, Joe Mraz - Holt, Steven Ramer - Holt, Seth Barnes - Corunna, Daniel Rogers - Mason, Brett Howe - Lansing, Patrick Wood - Ionia, Jared Rupert - Corunna, Peter Pelon - Ionia, Shane Rhines - Jackson, Dan Schroeder - DeWitt, Jacob Seeterlin - Okemos, Thomas Sereseroz - Grand Ledge, Ryan Slusher - Owosso, Zane Thomasson - Ionia, Neil Wilkes - Grand Ledge, Ryan Willis - Owosso, Evan Johnstone - Mason, Chris Kruger - Holt, Jaeshone Oliver - Jackson, Bryce Prudden - Eaton Rapids,  
Swimming Coach: Dave Hill - Waverly/LC, Diving Coach: Jim Makarauskas- St. Johns*