

Second Shave Invitational Meet

Hosted By:
Grand Ledge Swimming & Diving

Tuesday, March 3th, 2026
At Grand Ledge Aquatic Center at 5:30 P.M.

- 10-Lane Pool – 8 lanes for Competition, 2 lanes(9-10) for warm-up

GOALS FOR THE MEET

Achieve State Cut – Swim More Events Rested – Championship Meet Experience for Young Swimmers – Enhance All – Conference Resume – Achieve Club State Cuts – Compete Against Teams from Outside Your Area – Break Pool Records

Eligibility: This is sanctioned by the MHSAA and counts as one of your school's contests. Entry sheets must be signed by your principal or athletic director. Normal eligibility rules must be followed and registration fees **MUST** be turned in upon your arrival at the registration table Tuesday.

Entries:

- There are no time standards for entries.
- Schools are not limited as to the number of entries per event for either individual entries or relay entries.
- Individual swimmers, however, are limited to the standard maximum of four total events, not more than two of which may be individual events.
- All entries must be emailed by: **Monday, March 2nd, 2026 by 9:00 P.M.**
- Please use the included Team Mgr. Events file as a template for your entries.
- Email entries to Kevin Ries at: **CAAC.Blue@gmail.com.**
- Final changes to entries may be made at the meet on Tuesday. **However, please do not bring a team to the meet and expect to be able to deck enter them.**
- Because this is a self-marshalled meet, in order to get the heats seeded and the heat sheet available for distribution before the meet begins, team check-in is by 4:45pm.
- **FINAL LINE-UP CHANGES** must be reported to the meet director in the meet office by **5:00pm.**
- Please make all entry times to the 1/100th of a second.

Rules: National Federal Rules will apply with the following exceptions. No team scores will be kept and there will be no diving event. A ten minute break will occur after the 50 free and before the 100 fly.

Cost: The cost this year will be **\$10** per individual event and **\$15** per relay, with a maximum team fee of **\$150**. Payment is due upon registration. Checks should be made payable to: Grand Ledge High School Boys Varsity Swim and Dive. Personal checks **WILL** be accepted.

Warm-up: The pool opens and warm-up may begin at 4:00 PM. The pool will remain open until the announcement of the first heats at 5:25pm. Normal MHSAA warm-up procedures will apply. There are 2 lanes(9-10) available for warm-up and cool down during the meet, as well as a diving well.

Admission: \$5 per person. Heat sheets will be available to coaches and timers as soon as all entries from participating teams are finalized and can be printed.

Timing: Will be done by the Colorado system with an eight lane read-out and a horn/flash start.

Results: There will be no awards presented. Hardcopy signed results will be available immediately following the meet. A "TM Results" file will be emailed to all teams the following day.

Address: 600 W. South St. Grand Ledge, MI 48837